



# Pain Therapy Device: Celluma LED

By Victoria L Magown

I just returned from the *American Academy of Pain Management* (newly renamed *Integrated Academy of Pain Management*) in San Antonio, TX. It is a multidisciplinary organization of LMTs, PTs, OTs, RNs, CPNs, DCs, DOMs, DDSs, DOs and MDs. We share our knowledge through lectures and hands-on workshops.

I presented a 7-hour hands-on Myofascial Therapy workshop with Ben Daitz, MD and Lucy White Ferguson, DC. It went well and was well represented with LMTs, PTs, DOMs, DCs and MDs.

While walking through the medical booths, a new LED (Light Emitting Diode) caught my eye. LEDs are usually used for cosmetic purposes such as acne and wrinkles and only penetrate half an inch to an inch at the deepest.

The Celluma LED representative was a delightful 70-year old gentleman who stated he had been in finance his entire life and had retired at 65 years old. He sustained a Rotator Cuff injury of his left shoulder in which the Supraspinatus tendon was half torn. He was referred to a doctor who used the Celluma LED and the tear was completely healed with full range of motion and no pain in six 30-minute treatments. Consequently, he decided to become a representative on weekends for fun to demonstrate and educate Pain Practitioners about the

advantages of using the Celluma LED.

He got my attention. I am always looking for ways to help my patients decrease/eliminate their pain as comfortably as possible.

What is different about the Celluma LED is that it has three different lights that penetrate at different depths. The blue light penetrates about one half inch (wrinkles), the red light about one inch (acne) and the far-infrared white light (sunlight) penetrates 880 nm (about 3 inches) which means you feel warmth.

The far-infrared white light (sunlight) dilates (opens) blood vessels and brings in fresh new blood with more oxygen, nutrients and normal pH (6.8) and thus decreases pain by sweeping away the acidic environment and neuro-reactive chemistry (toxins) which decreases inflammation and swelling. The three lights together promote a healing affect.

I can now treat two different areas at the same time with the help of Celluma LED. I am looking forward to decreasing/eliminating your pain.

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